

Test Name	With/Without Contrast	Test is For	Pre-Procedure	Teaching	Post-Procedure
Angiography	Yes	To identify lesions, occlusions, degree of ischemia	<ul style="list-style-type: none"> <li>• NPO up to 12 h</li> <li>• Consent needed</li> <li>• Checklist completed</li> <li>• IV access site in groin or antecubital space</li> </ul>	<ul style="list-style-type: none"> <li>• Lie prone on a table</li> <li>• Area where catheter will be inserted will be numbed</li> <li>• After catheter is inserted &amp; dye injected, pictures will be taken</li> <li>• May receive IV conscious sedation</li> </ul>	Monitor for: <ul style="list-style-type: none"> <li>• Reaction to contrast agent</li> <li>• Embolus (stroke): LOC, symmetry, speech, visual</li> <li>• Hematoma or hemorrhage at insertion site</li> <li>• Renal dysfunction (given mucamist to bind to dye &amp; excrete)</li> <li>• Conscious sedation – VS, resp status, &amp; safety</li> </ul>
Computed Tomography (CT)  Computerized Axial Tomographic (CAT)  Spiral CT (or helical CT)	Yes and No  Contraindication to contrast: allergy to iodine or shellfish	Provides cross-sectional images of chest including heart & great vessels  Provides greater visualization of vessels & internal tissues. Scans faster with higher definition. **Definitive test for blood clot.	<ul style="list-style-type: none"> <li>• Screened for renal dysfunction &amp; may be medicated to prevent damage from the contrast material</li> <li>• May be NPO – depending on the area to be scanned</li> </ul>	<ul style="list-style-type: none"> <li>• Positioned on table while the scanner revolves around pt</li> <li>• Noninvasive &amp; painless</li> <li>• Needs to lie perfectly still</li> <li>• IV line if contrast is to be used</li> </ul>	Monitor for: <ul style="list-style-type: none"> <li>• Allergic reaction to contrast agent</li> <li>• Contrast-induced renal dysfunction</li> </ul>
Doppler Study	No	To hear & evaluate blood flow (with continuous wave Doppler ultrasound)		<ul style="list-style-type: none"> <li>• A conducting gel is applied to the skin &amp; a transducer is slowly moved over the area</li> </ul>	

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Doppler Study (con't)				<ul style="list-style-type: none"> <li>Duplex Ultrasound Imaging Studies: uses a pulsing Doppler to send info to a computer which produces images on the screen</li> </ul>	
<p><b>Echocardiography</b></p> <p>Transthoracic Echocardiography</p> <p>Transesophageal Echocardiography (TEE)</p>	No	<p>Involves transmission of high frequency sound waves to produce images on a computer screen</p> <p>Done simultaneously with ECG. Used to assess heart valves, direction of blood flow, size &amp; motion of myocardium &amp; heart chambers</p> <p>Used to visualize the back side of the heart</p>	<ul style="list-style-type: none"> <li>Fast for 6 h</li> <li>Sign consent</li> </ul>	<ul style="list-style-type: none"> <li>Conducting gel is applied to the chest wall &amp; the transducer is applied</li> <li>"Hold breath" for short period of time</li> <li>May be asked to turn on left side (heart is closer to surface)</li> <li>IV line placed for sedation &amp; meds</li> <li>Throat will be sprayed with numbing agent</li> <li>VS will be monitored</li> <li>Conscious sedation</li> </ul>	<p>Monitor for:</p> <ul style="list-style-type: none"> <li>Return of gag reflex</li> <li>Adverse reactions to sedation</li> <li>Any potential injury</li> </ul>
<p><b>Nuclear Scans</b></p> <p>Multi-gated acquisition scan (MUGA Scan)</p>	Yes	Evaluates function of left & right ventricles		<ul style="list-style-type: none"> <li>Contrast is injected into bloodstream</li> </ul>	

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MUGA Scan (con't)  Equilibrium radionuclide angiography (ERNA)		Images are taken at specific phases of the cardiac cycle over a series of several hundred cycles		<ul style="list-style-type: none"> <li>• Pt is placed under a gamma camera &amp; pictures are taken at each stage of the cardiac cycle</li> <li>• May be performed at rest, during exercise (stress MUGA), or a nitroglycerin MUGA (nitro is administered prior to test)</li> <li>• Images show the blood pool in the ventricles &amp; can be used to determine the ejection fraction of the left ventricle</li> </ul>	
Electrocardiogram (EKG)	No	Represents the electrical activity of the heart at one point in time	<ul style="list-style-type: none"> <li>• Explain the procedure</li> <li>• Position supine as flat as possible</li> <li>• Uncover chest &amp; limbs</li> <li>• Identify landmarks</li> <li>• Prepare skin for electrode adherence</li> <li>• Place electrodes at landmark</li> <li>• Attach corresponding lead wires to electrodes</li> </ul>	<ul style="list-style-type: none"> <li>• Lie still</li> </ul>	<ul style="list-style-type: none"> <li>• Determine if EKG appears normal</li> </ul> If repeat EKG is not needed: <ul style="list-style-type: none"> <li>• Remove electrodes from skin</li> <li>• Assist patient with repositioning</li> <li>• Leave patient safe &amp; comfortable</li> </ul> Leave equipment ready for emergency use.